



PROSPECT

EST. POINT 1888

BAR & GRILL

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Cuisine: Casual West Coast Fare
Stanley Park, Vancouver, BC

TO NOSH AND SHARE

GF **SALT SPRING MUSSELS** **\$16**
Maple Bacon & Bourbon Cream or Garlic Provencal
Add Garlic Toast \$2

1/2 LB WINGS **\$13**
Ranch | Veggie Sticks
Choice of BBQ, Honey Garlic or Cajun Spice

VE **CHICKPEA HUMMUS PLATE** **\$13**
Veggies | Garlic Toast | Kalamata Olives
Add Garlic Toast \$2

CRUNCHY SPARE RIBS **\$15**
Hoisin Glaze | Scallion | Toasted Sesame

PORK BELLY SLIDERS **\$15**
Asian BBQ Sauce | Creamy Slaw | Brioche Bun

SWEET THAI CHICKEN BITES **\$15**
Thai Spiced Chili Sauce | Cucumber | Crispy Wontons

GREENS Full **\$15** | Half **\$10**

VE **BUTTER LETTUCE BRIDGEVIEW SALAD**
Shaved Carrots | Tomatoes | Cucumber | Baby Kale
Radish | Sunflower Seeds | Dijon Vinaigrette

ASIAN NOODLE SALAD
Stir Fry Noodles | Peppers & Bean Sprouts
Sweet Soy Dressing | Crispy Wontons

Add:
Poached Prawns | Grilled Chicken | Grilled Salmon **\$8**

A BOWLFUL

Served with garlic toast. Substitute grilled cheese **\$3**

🌊 **NORTHWEST CHOWDER**
Baby Clams | Pacific Salmon | Rich Dill Cream
Cup **\$11** | Bowl **\$16**

SOUP DE JOUR
Inspired Daily Please Ask Your Server
Cup **\$9** | Bowl **\$13**

MAINS

Sandwiches served with fries.
Substitute Salad, Veggie Poutine or Yam Fries **\$3**

ON POINT BURGER **\$18**
6oz All Beef Patty | Smoked Bacon | Emmental Cheese
Thousand Island | Fixings

BLACKENED CHICKEN SANDWICH **\$16**
Free Range Chicken Breast | BBQ Sauce
Marble Rye | Fixings

V **FORAGE VEGGIE BURGER** **\$16**
Mixed Bean Patty | Sautéed Mushrooms & Onions
Tomato Relish

VE **INDIAN SPICED CAULIFLOWER & POTATOES "ALOO GOBI"** **\$18**
Coconut Jasmine Rice | Toasted Cashews | Cilantro
Add Poached Prawns | Grilled Chicken | Grilled Salmon **\$8**

🌊 **GRILLED PACIFIC SALMON** **\$21**
Hoisin Glaze | Sticky Rice | Pickled Veggies | Cilantro

BABY BACK BBQ RIBS **\$24**
Forty Creek BBQ Sauce | Fries | Creamy Coleslaw

🌊 **PANKO CRUSTED FISH & CHIPS** **\$17**
Pacific Cod | Fries | Creamy Coleslaw
Add 1 piece fish **\$8**

GF **POKE BOWL** **\$17**
Albacore Tuna | Seaweed Salad | Avocado | Soy Dressing
Asian Veggies | Jasmine Rice | Toasted Cashews

RAINY DAY BOWL **\$18**
Chef's Feature | Comfort Inspired

DESSERTS

PUMPKIN SPICED PANNA COTTA **\$9**
Gingerbread Crumb

CHOCOLATE FUDGE BROWNIE **\$9**
Milk Chocolate Mousse | Oreo Crumbs | Candied Pecans

APPLE CRUMBLE **\$10**
Oat & Raisin Topping | Vanilla Ice Cream

ROCKY POINT SORBET **\$8**

ROCKY POINT ICE CREAM **\$8**

LIGHTER FARE \$12

CHOOSE FROM:
1 Piece Fish & Chips
Soup & Grilled Cheese
Bridgeview Salad & Grilled Chicken
Salmon on Rice

GF gluten free | **V** vegetarian | **VE** vegan | **🌊** ocean wise

Our commitment to quality ensures our sauces, stocks and dressings are house-made using local farms and suppliers to provide the best quality and freshest ingredients that, as much as possible, are ethically raised & hormone free.

We will do our best to assist with food allergies, though we are unable to guarantee an allergen-free kitchen environment.

18% gratuity added to tables of 6 or more

Chilled

SEAFOOD
COCKTAIL

🌊 \$54 Serves 2-3 people

Poached Prawns
Marinated Mussels & Clams
Snow Crab Claws
Tuna Ceviche
Smoked Salmon
Cocktail Sauce